PROMETHEAN READER CLUB

PROCTOR: SONIA VAZQUEZ

The Promethean Reader, the school's literary magazine, offers high-school students the opportunity to publish their original poetry. Student-writers are encouraged to submit their original work on a year-round basis to have their work published in the magazine which is printed in the spring. Anticipated participation: I-10, all grades. Meetings on Tuesdays and as needed.

PROM COMMITTEE CLUB

PROCTOR: MICHAEL TERMINI

Students work together to plan, organize, and problem solve for a large event. They learn to interact with vendors and master their organizational skills. Anticipated participation: 5-10, all grades. Meetings on Tuesdays.

PSYCHOLOGY CLUB

PROCTOR: JENNIFER FERRIS

Students will be provided opportunities to learn more about topics in psychology, including social psychology, abnormal psychology, and biology & behavior. Students will conduct experiments and research into topics of interest within psychology. This club is ideal for students who wish to have an introduction to psychology, and who are not yet enrolled in the AP course. Anticipated participation: 10-20, all grades. Meetings on Tuesdays.

RUNNING/WALKING CLUB

PROCTOR: D. VANDERWOUDE/M. WRAGA

Learn to run while also building a great support system! While focusing on the relationship between physical and mental health, students will learn to use running as a way to release those emotions and stress that can build up throughout the day. Anticipated participation: 10-20, all grades. Meetings on Tuesdays.

STEP TEAM CLUB

PROCTOR: DANIELLE ROBINSON

Step Team is a club that allows students to express themselves through beats by clapping, stomping, and making noise on the body. The dances will be created by the students to allow full creative expressions. This is a fantastic opportunity for the students to have a creative outlet and showcase themselves at various school functions. Anticipated participation: 10-20, all grades. Meeting on Mondays thru Fridays.



TCG CLUB/ANIME

PROCTORS:R. LECONEY/I. DANNAWAY

This is your one stop Japanese shop. Anime club meets TCG club. Students will come together to celebrate Japanese culture through anime, manga, trading card games, etc. Anticipated participation: 10-20, all grades. Meetings on Tuesdays.

TECHNOLOGY/CODING CLUB

PROCTOR: HEATHER JANIK

The technology/coding club exposes students to software and computer programming languages, such as Python, JavaScript, CSS, and HTML. These efforts are meant to expand student knowledge and understanding of coding to create programs and design websites. Anticipated participation: 10-20, all grades. Meetings on Wednesdays.

YOGA CLUB

PROCTORS: ALLISON CEPIS/AMBER BUCK

In Yoga Club, students will stretch and strengthen their muscles through various yoga poses. This club is great for beginners and athletes alike. We make getting fit, toned, and in shape fun. Namaste! Anticipated participation: I-10, all grades. Meetings on Thursdays.

COMMUNITY

ACADEMY OF

PHILADELPHIA, C.S.



EXTRACURRICULAR ACTIVITIES



ART CLUB

PROCTOR: ELIZABETH BIRKHEAD

Students will be able to participate in various art projects using a variety of materials. This club is ideal for those not currently enrolled in an art class, or those wishing to expand their knowledge or practice. Anticipated participation: 10-15, all grades. Meetings on Wednesdays.

BOOK CLUB

PROCTORS: KIM JETTER-HENSON/ANDREA WALKUP

For those who love to read the book before seeing the movie, and who can't wait for the next title in their favorite series. Join us in the library before school for book discussions, snacks, and more. Anticipated participation: 10-20, all grades. Meetings on 1st Tuesday and 3rd Tuesday of the month.

CALLIGRAPHY CLUB

PROCTOR: KELLY ANNE DOLAN

Students will learn how to write in calligraphy, which is basically fancy lettering. We will use specialized calligraphy markers, and as students advance, we will use calligraphy pens and India ink. Projects will include names, quotes, poems, cards, posters, and any other creative lettering project students would like to make! Create unique and personalized gifts for your family and friends. Anticipated participation: 10-15, all grades. Meetings on Mondays.

CAP QUARTET CLUB

PROCTOR: ELIZABETH MCCLUSKEY

The CAP Quartet is an ensemble of four singers not currently part of the CAP Choir who prepare songs for performances in the two annual concerts held at CAP. Anticipated participation: I -4, all grades. Meetings will vary based on concert dates.

CHESS CLUB

PROCTORS: JOSHUA WAGNER/CYRUS KNOWER

Chess team is an opportunity to improve chess skills and play against other schools in the ASAP intramural chess league. We will start with in-school round-robin tournaments. Top students from the CAP tournaments will move on to compete against other schools in Swiss format tournaments beginning in late November or early December. Anticipated participation: 20-30, all grades. Meetings on Mondays and Thursdays.

ENVIROTHON CLUB

PROCTOR: SARA GALLAGHER

A club designed to guide students through a natural resource environmental education program that combines classroom learning and outdoor activities resulting in a county-wide competition in the spring. This exposure to nature and seeing how humans impact the natural world provides invaluable lessons for understanding ecosystems and our environment. At the Envirothon, teams of five students compete in field testing using their knowledge in five topic areas – Soils and Land Use, Aquatic Ecology, Forestry, Wildlife and Environmental Issues. Anticipated participation: 10-20, all grades. Meetings on Mondays.

LATIN DANCE CLUB

PROCTOR: H. GONZALEZ

Students learn authentic Spanish dancing skills which incorporate music and dress. Anticipated participation: 10-15, all grades. Meetings on Tuesdays & Thursdays.

MATH CLUB

PROCTOR: SOUHILA TOUMI

Pi Math is a fun and competitive activity that any student can participate in. It is a great way for students to develop a solid math foundation and intuitive thinking skills. Furthermore, students will see Math not as a set of guidelines, but as an art. Anticipated participation: I-I0, all grades. Meetings on Tuesdays.

MEDITATIVE DRUMMING CLUB

PROCTORS: JOHN DANNAWAY

Explore the healing properties of communal drumming. Students will learn how to play the drums with focused intention and take a meditative approach to drumming. Create rhythms with your fellow classmates while relieving stress at the same time. Anticipated participation: 10-20, all grades. Meetings on Fridays.

MODEL CAR & PLANE BUILDING

PROCTOR: ROHYNN GALLAGHER

Paint and build realistic model cars and planes from kits. Learn techniques of assembly and concepts of scale. Bring in your own model kit. Paints, brushes, and glue will be supplied. Anticipated participation: 10-20, all grades. Meetings on Thursdays.

MYSTERY SCIENCE CLUB

PROCTORS: S. GALLAGHER/S. WILSON

This club will provide students with the opportunities and the skills to research scientific questions and perform scientific experiments that they would not have the opportunity to do in the classroom. Anticipated participation: 10-20, all grades. Meetings on Tuesdays.

NATIONAL HONOR SOCIETY CLUB

PROCTOR: GINA BITTINGER

National Honors Society is a prestigious organization which recognizes and encourages academic achievement while also developing other characteristics essential to citizens in democracy. These ideals of scholarship, leadership, and service require members to commit themselves to the program once invited and chosen to be involved. There are strict guidelines for who are chosen; however, if invited, it is highly recommended one joins. Anticipated participation: 10-20, all grades. Meetings are the 1st Thursday of every month.

PHOTOGRAPHY CLUB

PROCTORS: R. MATZKE/E. BIRKHEAD

Students will learn about composition of photos, editing, and various camera modes. We will share photos we take and discuss. Students do not need to own a camera to participate. A phone can be used to take pictures, but will not be allowed to be used in school. Anticipated amount: I-20, I0th & I1th grade. Meetings on Wednesdays.